

## Directions

We are located at 840 W. Lane Ave. near the intersection of Lane Ave. and Kenny Rd., just off of 315.

Our directions are easy. However, our studio front does not sit directly on W. Lane Ave.

- From 315 north or south exit Lane Ave.
- Go west on Lane Ave. to Kenny Rd.
- Turn right onto Kenny Rd (going North)
- Turn right, almost immediately, onto Legg Ave. (look for the small, black Flex Fitness sign on that corner)
- At the stop sign, turn right onto Wood Ave.

We are located at the end of Wood Ave., on the right, *facing* W. Lane Ave.

